



## List of IDO Rule Changes and Clarifications **JANUARY 2024**

1.

Some **green** and **red** text from 2023 version was changed into **black**  
 Explanations are **purple**

2.

### **Book 2, section 3, under 3.4. AGE DIVISIONS (from 1.1.2024)**

The following age divisions will be used in all IDO Events in **SOLO, DUO, COUPLE**:

<b>AGE DIVISION</b>	<b>AGE RANGE</b> (years of birth listed below are for competition year <b>2024</b> )
Mini Kids	7 and under (born in <b>2017, 2018, 2019...</b> )
Children	12 and under (born in <b>2012, 2013, 2014...</b> )
Junior 1	13 – 14 (born in <b>2011, 2010</b> )
Junior 2	15 – 16 (born in <b>2009, 2008</b> )
Adult 1	17 and over (born in <b>2007, 2006, 2005...</b> )
Adult 2	31 and over (born in <b>1993 and before</b> )
Senior	50 and over Belly Dance /Oriental, Couple Dance (born in <b>1974, 1973, 1972, 1971,..</b> )

The rules of the **3**-year span is applicable – not in Adults 2.

### Age divisions in **TRIO, GROUPS, TEAMS, CREWS and FORMATIONS**

<b>AGE DIVISION</b>	<b>AGE RANGE</b> (years of birth listed below are for competition year <b>2024</b> )
Mini Kids	7 and under (born in <b>2017, 2018, 2019...</b> )
Children	12 and under (born in <b>2012, 2013, 2014...</b> )
Junior	13 – 16 (born in <b>2008, 2009, 2010, 2011</b> )
Adult 1	17 and over (born in <b>2007, 2006, 2005 ...</b> )
Adult 2	31 and over (born in <b>1993 and before</b> )
Senior	50 and over Belly Dance /Oriental, Couple Dance (born in <b>1974, 1973, 1972, 1971,..</b> )

The rules of the **3**-year span is applicable – not in Adults 2.

The **2-year** span for duo, couple, trio, groups, crews, teams, and formations is changed to **3 years**.  
*Evaluation after 3 competition years needed.*

In **duo /couple** a partner no more than **three** years younger than the lower age limit may dance in an older division, but the age span cannot exceed **three** years.  
 and also

In **Trio, Groups, Teams, Crews and Formations** a dancer no more than **three** years younger than the lower age limit may dance in an older division.

This rule shall apply to all Age Divisions of **Trio, Groups, Teams, Crews or Formations**, except the Adult 2 and Senior Division, with the following restriction: Not more than 50% of the dancers in the Trio, Group, Team, Crew or Formation can be **three (3)** years or less younger than the actual age division. The age of all other dancers in the Trio, Group, Team, Crew or Formation must fall within the specified age range.

### DETERMINING ONE'S AGE DIVISION

A competitor's age division is determined by his or her year of birth as it falls within the calendar year of the competition.

- a. For **Duos or Couples**, the eldest partner's date of birth determines the age division. A partner no more than **three** ~~two~~ years younger than the lower age limit may dance in an older division, but the age span cannot exceed **three** ~~two~~ years.

**Example: One dancer is 11 and one is 14, they may dance in the Junior 1 Division but if the younger dancer is only 10 they may not. Also if younger dancer is 12 and older dancer is 15 they may dance in Junior 2 division.**

**If one dancer is 14 and one is 17 they may dance in the Adult Division, but if the younger dancer is only 13 they may not. If younger dancer is 13 and older is 16 they will dance in Junior 2 Division.**

**NOTE 1:** While younger dancers may dance 'up' a division, the reverse is not possible and older dancers may not dance 'down' a division.

**NOTE 2:** A younger dancer who dances 'up' a division as outlined under the rules, such as a child of **12** dancing in the **Junior 1** Duo division, **MUST** dance in that age division in that category for the remainder of the competition year. He or she may **NOT** dance in the Children's division with a different partner, but he or she **COULD** dance in the younger (children's) division in Trios, Crew, Groups, Teams, or Formations.

Once a dancer has chosen to move up an age level in a specific category, such as Tap Duo or Jazz Duo, he/she must remain in that age division until the end of year and not move back.

Dancers are permitted to dance in two specific age divisions only under the following conditions: A dancer cannot dance in both **Junior 2** Show Dance Duo and Adult Show Dance Duo, i.e. two different age divisions of the same discipline and category. However he/she may remain in the same age division of all other specific categories, until they reach their next age level.

**Example:** A child age **12** or 11 may dance in **Junior 1** Show Dance Duo and still participate in all Children categories Show Dance Solo, Disco Dance Duo, Hip Hop Group, Tap Formation but **NOT** CHILDREN Show Dance Duo.

- b. In **Trio, Groups, Teams, Crews and Formations** a dancer no more than **three (3)** ~~two~~ years younger than the lower age limit may dance in an older division. This rule shall apply to all Age Divisions of **Trio, Groups, Teams, Crews or Formations**, except the Adult 2 and Senior Division, with the following restriction: Not more than 50% of the dancers in the Trio, Group, Team, Crew or Formation can be **three (3)** ~~two (2)~~ years or less younger than the actual age division. The age of all other dancers in the Trio, Group, Team, Crew or Formation must fall within the specified age range.

**NOTE 1:** While younger dancers may dance 'up' a division, the reverse is not possible and older dancers may not dance 'down' a division.

Once a dancer has chosen to move up an age level in a specific category, he/she must remain in that age division until the end of year and not move back.

Dancers are permitted to dance in two specific age divisions only under the following conditions: A dancer cannot dance in both the Junior Show Dance Group and in the Adult Show Dance Group, a dancer may not dance in both Junior Hip Hop Formation and Adult Hip Hop Formations, i.e. two different age divisions of the same discipline and category. However he/she may remain in the same age division of all other specific categories, until they reach their next age level.

**Example:** A child age **12** or 11, may dance in JUNIOR Show Dance Small Group and still participate in all Children categories Show Dance Solo, Disco Dance Duo, Hip Hop Group, Tap Formation but **NOT** CHILDREN Show Dance Group.

The Organizer has the right to establish a Children's Divisions under age 7, as long as it runs in conjunction with a Children's Competition ages **12** and under. This will be called "Mini Kids"

### 3.

#### Book 3, section 1, under 1.6

##### 1.6 BALLET

The categories in Ballet are: Solo Male, Solo Female, Duo, Group, Formation.  
Age Divisions see in General Provisions of Performing Arts.

~~Time limit is one (1) minute minimum for male and female solo variations, maximum 2:15 minutes.~~

There is no set time limits on **REPertoire SOLOS**, as they are all choreographed with a great variety in length of time.

All other time limits see in General Provisions of Performing Arts.

1. Ballet has **two sections in the SOLO** category in all the age divisions: the **Repertoire** section and the **Open** Classical ballet section. Dancers may enter **BOTH** sections at the competitions **OR ONLY ONE**. The choice is theirs.

2. **Repertoire** : ~~Must be chosen from the list that the IDO has drawn up (different for male/female and different for age divisions).~~ **Disregard Mandatory Repertoire Pieces from 1.1.2024 means: Any repertoire can be performed.**

~~No changes may be made to the Repertoires that have been selected and~~ **No other Repertoires** may be danced in the Open (own) Classical section.

~~The MALE Junior section has a choice of six repertoires. Junior 1 and Junior 2 may choose from ANY of the six. The solos have been marked as Junior 1 and Junior 2 solos, but this is just a suggestion to aid in the decision of which solos to choose. This is in line with the Junior females who can also choose any of the seven solos in their list.~~

~~Children MAY NOT dance on pointe (although the video in IDO link shows it on pointe).~~

**Junior and Adult female must be on pointe** in the **Repertoire** section.

~~NO VARIATIONS OF THE REPERTOIRES WILL BE ACCEPTED (except pirouettes/turn, sur place turn may be done right or left).~~

3. The **Open Classical** section must be pure classical ballet and not “modern” or neo classical”. It was decided that these could be put into the modern or show section (it must be 100% OWN choreography, **no repertoire** from any other ballet.)

This means that **NO music, theme or costume from any other repertoire may be used**).

4. The original rule of no pointe for Children, choice of pointe or demi pointe in Junior and compulsory pointe in Adult female section will apply. **All Adult female sections must be on pointe. This includes Duos, Groups and Formations. Productions do not need to be on pointe.**

5. **NO REPERTOIRES MAY BE DANCED IN THE OPEN CLASSICAL CHOREOGRAPHY SECTIONS.**

6. Enrollment must be accompanied with the name of repertoire number

7. **At this stage, there is no REPERTOIRE section for DUOS, (small) GROUPS and FORMATIONS. Therefore the same rule will apply that no music, theme or costume from repertoires may be used in these sections. (ONLY OWN choreography).**

~~The list of obligatory choreographies for Ballet solo repertoire category together with videos is public:  
<https://www.youtube.com/playlist?list=PLoHVrDoyXi2pDvTYJSYpy2kNaBs0Og34C>~~

**Characteristics and Movement:** Classical Ballet is the most formal of the ballet styles; it adheres to traditional ballet technique. There are variations relating to area of origin, such as Russian ballet, French ballet, British ballet and Italian ballet. The Vaganova method, named after Agrippina Vaganova and the Cecchetti method, named after Enrico Cecchetti are Russian and Italian respectively and derive from the original French method. Classical ballet is best known for its unique features and techniques, such as pointe work, turn-out of the legs, and high extensions; its graceful, flowing, precise movements; and its ethereal qualities. This discipline must be performed using the Classical Ballet Technique and style and may be performed in soft ballet slippers or Pointe shoes. Although choreography may be of a modern nature, it may not deviate from what is commonly known as Classical Ballet. Lyric, Modern and Modern Jazz pieces may not be performed in this discipline.

Adult Division (female dancers) – must dance on en pointe (Implementation 01.01.2019) **This applies for SOLO, DUO, GROUPS and FORMATIONS.**

**Pointe work** is not allowed in the **Children's** category.

**Acrobatic Movements:** Not permitted in the Ballet discipline.

**Lifts:** Permitted (and encouraged) as outlined under General Provisions of Performing Arts. Any lifts used must remain in the Classical Ballet tradition, and may include drop-falls, supported turns and jumps resulting in catches. However, all dances are in a constant evolution and growth, so experimental and original choreography is encouraged.

**Stage Props:** Permitted as outlined under General Provisions of Performing Arts but dancers cannot use cumbersome scenic material and must carry on and off the stage themselves in one trip.

**Costumes:** The costume for **REPERTOIRES** must be in the correct style and theme of the selected Repertoire but the detail does not have to be exactly the same. This is because the different Ballet Companies do add their own “flair” and “interpretation.” It is best to stay as close as possible to the **ORIGINAL COSTUME.**

Change the marking system for the Repertoire Category from 3D to 2D. The reasoning behind this is that most repertoire pieces are based on choreographies from companies/soloists and it is not the personal work of the teacher/student/choreographer.

- 1<sup>st</sup> dimension - Level and ability of classical technique & strong musicality (5-50 points)
- 2<sup>nd</sup> dimension - Interpretation, Presentation, Costume and Emotional execution (5-50 pts.) (PA ADA 2023, Implementation date 1.1.2024)

4.

**Book 3, section 2, under 2.9 IDO DISCO SLOW - TEST competitions possible**

### **IDO Disco SLOW**

The categories of IDO Disco Slow are: Solo Male /Female.

Age Divisions see in General Provisions in Street Dance Disciplines.

#### **1. Music**

The music used must be SLOW MUSIC.

**72 – 76** beats per minute (beat based music without change of the rhythm)

The tempo in the final must be the same for all the finalists.

#### **2. Characteristics and Movement:**

Dance technique should be based and inspired by Disco dance style and presented in slow version, using poses, freezes, stops, spins, slides, leaps, jumps, pirouettes. Floor figures such as splits, back and bump spins are allowed but should be kept to a minimum.

Long running steps and jumps moving across the floor must not exceed four steps at a time.

In IDO Disco Slow elegance and harmony of movements are appreciated.

Disco Slow dance should be neither modern nor (fast) disco, it should be a new and specific style.

All movements in IDO Disco Slow competitions should be safe and cannot endanger the health of any of the dancers.

Dancers should dance at an adequate distance from a judge, leaving the judges their own space.

#### **3. Acrobatic Movements**

Acrobatic movements are allowed, but only acrobatics in which a body part is touching the floor.

Acrobatics can only be performed in the second (**1 min.**) presentation of the ~~semifinal~~ and final round (when maximum **1** dancer is dancing).

In all selection rounds, including the opening and final presentations of semifinal round, acrobatic movements are not allowed.

The acrobatic movements should not dominate. Gymnastic lines (gymnastic tricks) are not allowed.

Acrobatic Movements should be an integral part of Disco Slow performances. The dance and acrobatic movements performed should be joined together smoothly, and must be in harmony with the music.

Acrobatic moves will not always improve a dancer's score and may even detract from the score if they are not performed technically correctly.

#### 4. Forbidden movements

Obscene or suggestive movements are not allowed.

All movements must be age appropriate.

**5. Musicality**, rhythm, breaks, feeling for music and its interpretation, dance variety and originality will be highly evaluated

#### 6. Procedure of Competition

The dancers will dance all the selection rounds, **3 presentations** ~~only once for 1 minute~~, their number may be variable (**12 -15** dancers per round) will depend on the size of the stage.

In the **qualification** rounds:

30 sec (presentation) 12-15 dancers in a heat on the floor.

1 min. (Spot) 5-6 dancers on the floor.

30 sec. (last presentation) 12-15 dancers on the floor.

In the **semifinal** the dancers will dance 3 times:

30 sec (presentation) all semifinalists on the floor.

1 min. (Spot) 2 dancers on the floor.

30 sec (last presentation) all semifinalists on the floor.

In the **final** round the dancers will dance 3 times:

30 sec (presentation) all finalists on the floor.

1 min. (Spot) 1 dancers on the floor.

30 sec (last presentation) all finalists on the floor.

#### 7. Costumes and Make up

Clothing is of one's own choice, should be suitable for the age division of the dancer, must fit properly and always be in good taste and follow Code of Ethics and General costume rules (listed in Book 2, under 3.13).

Dancers are not allowed to change their costume during a performance or during competition, unless it is ordered because of an infraction of the Costume Rules.

The glass trimmings in costume, including beads and all other materials and decorations which can be dangerous when falling down to the dance floor are not allowed (lower quality and not well fixed decorations are not allowed).

Make up rules must be age appropriate and must follow GENERAL rules listed in BOOK 2, point 3.13, in 2 a) and 3.

**Implementation date immediately**

#### **Book 5, section 5 , under 5.3, 5.4, 5.5, 5.8 IDO FEES (starting 1.1.2024)**

IDO YEARLY REGISTRATION FEE **35,-** EUR

ATHLETES **STARTING** FEE

Each dancer **35,-** EURO

#### **Clarification under fees for COUPLE dances:**

**2.1** Payment of start fees in **COUPLE DANCE** DEPARTMENT (per group):

1) Salsa, Salsa Shines, Bachata, Merengue, Salsa Rueda, Caribbean Dances

2) Discofox, Jitterbug, West Coast Swing

3) Caribbean Show, Latin Show, Couple Dance Formations

4) Synchro Dance

5) Argentine Tango

6) **Latin Style**

**7)** Production (if a dancer competes only in Production she/he pays the normal start fee. If

she/he competes in any other "Group 1-5" she/he will not pay additional start fees for productions.)

**35,00** EUR per group (of dances)

## **REMINDER of changes (valid in 2024) announced and published in September 2023**

**Book 2, section 3.13, under 6 (Additional Costume Rules for Performing Arts Disciplines only)**

It is possible to wear costumes/bodies/leotards with a **classic (higher)** cut leg line, in all age divisions. When wearing a classic cut leg line; opaque tights are mandatory - either skin colored or colored.



**Book 3, section 1, under 1.6 BALLET - see also complete BALLET rules above**

**Disregard Mandatory Repertoire Pieces from 1.1.2024** – to disregard the mandatory pieces of repertoire for all age divisions. It is obligatory that the exact name of the repertoire piece being presented is entered into the enrolment system. This can ensure the judges will have access to this information before the competition starts.

This change should enhance the openness of being able to choose a repertoire piece suitable for the dancer and the judges can concentrate on marking technique and performance

**Book 3, section 2, under 2.2 BREAKING**

Breaking/Break Dance is for **Children**, Juniors and Adults

All forbidden Elements and Akrobatic as outlined in GENERAL PROVISIONS – STREET DANCE/URBAN DISCIPLINES are allowed in Childrens category

**Preselection:**

according starting list 4 dancers come onto the floor (**4 corners**) and each dancer performs 1 entry (around 40 sec.), then the judges give their points

The categories of Breaking/Break Dance are: Solo, Crews and **2 vs.2 (2 Girls, 2 Boys, Girl+Boy)**

One entry per dancer (**around 40 sec.**) in Preselection and Battles

**(enrollment in D.I.E.S. via Duos)**

**Book 3, section 2, under 2.3 POPPIN**

Popping Tempo for **Solos** will be **free (no limits)**

*(Free tempo round in solo semifinal is not necessary in this case)*

**Book 3, section 2, under 2.4 HIP HOP - Groups**

**The time limit for all Hip Hop groups in all age divisions 1:30 min. (90 sec.)**

**Book 3, section 2, under 2.5 HIP HOP BATTLES**

a.FIRST/PRELIMINARY ROUND:

....In the first round, the Adjudicators evaluate each dancer with the points from 1 to 10 **in each Style.**

**Book 5, section 5 , under 5.3, 5.4, 5.5, 5.8 IDO FEES (starting 1.1.2024)**

IDO YEARLY REGISTRATION FEE **35,-** EUR



## ATHLETES STARTING FEE

Each dancer **35,-** EURO

**JUDGES FEE** Minimum of **300,-** EURO per competition day

**SCRUTINEERS FEE** **300,-** EURO per competition day , + 1 or 2 preparation day must be counted (preparation of starting lists, import of data for the DJ, results after the competition, medal list, etc.)

**MODERATORS FEE**

Recommended fees for the moderators minimum of **300,-** EURO per competition day

## **SUPERVISOR & CHAIRPERSONS FEE**

**Championship and Cup** title events **350,-** EURO per competition day

+ 1 or 2 preparation days must be counted (preparation and revision of the tentative and official schedule, preparation of the judges' grid, work with the Organizer, etc.)

**Other IDO** title events **300,-** EURO per competition day

+ payment for any additional preparational work must be negotiated and agreed prior with the Organizer

## **COMPETITION FEE (from 1.1.2024)**

- **WORLD GAMES: 15.000,00**
- **CONTINENTAL GAMES: 10.000,00**
- **WORLD CHAMPIONSHIPS: 4.000,00**
- **CONTINENTAL CHAMPIONSHIPS: 3.000,00**
- **WORLD CUPS: 2.000,00**
- **CONTINENTAL CUPS: 1.500,00**
- **LICENSED EVENTS: 750,00**
- **OTHER: 500,00**

## **Updated rules regarding Representing the country**

a. All requests for representing a new country must be submitted by the new IDO NMO to the IDO Sport Director in written form (e-mail) whenever in the calendar year, but the validation date is the 31.12. of the current year.

b. Documents requested – statement of both IDO NMO (previous country and new country), proof of residency, proof of enrolment in school or University or proof of employment.

c. In the case of minors, a sign statement from the parents must be added.