

Performing Arts Categories

In the Performing Arts category, the choreography may include show dance, jazz, contemporary dance, or combinations of all of these styles.

Category	Performance length	Dancers	Music	Allowed / Prohibited	Props
Solo	1 min 45 s – 2 min 15 s	1 dancer	Competitor's own music	Acrobatic movements allowed	Props allowed
Duo	1 min 45 s – 2 min 15 s	2 dancers	Duo's own music	Acrobatic movements & lifts allowed	Props allowed
Small Group	2 min 30 s – 3 min	3–7 dancers	Group's own music	Acrobatic movements & lifts allowed	Props allowed
Formation	2 min 30 s – 4 min	8–24 dancers	Group's own music	Acrobatic movements & lifts allowed	Props allowed

Hip Hop Categories

Category	Performance length	Dancers	Music	Allowed / Prohibited	Props
Solo	1 min	1 dancer	Organizer's music Juniors & Adults: 70–116 bpm	Acrobatic moves allowed	Only clothing-type items (hats, jackets, sweaters). No sticks, backpacks, umbrellas. Costumes must remain with performer (can be reversed, held, or given to another dancer but not thrown away).
Duo	1 min (~12–14x8 counts)	2 dancers	Organizer's music – 104–120 bpm	Acrobatic moves allowed	Same as Solo
Small Group	2 min (~24–26x8 counts).	3–7 dancers	Organizer's music – 104–120 bpm	Acrobatic moves allowed Lifts prohibited	Same as Solo. All dancers must stay on stage during performance. Qualifiers/semifinals may use split floor (min. 7m x 12m per group)

Street Dance Categories

Category	Performance length	Dancers	Music	Allowed / Prohibited	Props
Formation	2 min 30 s – 3 min	8–24 dancers	Group's own music	Acrobatic movements & lifts allowed	Props allowed
Showcase	2 min 30 s – 3 min	3-9 dancers	Group's own music	Acrobatic movements & lifts allowed	Props allowed

Hip hop Battles

Stage		Details
Qualifying Round	Depends on # of participants	<ul style="list-style-type: none"> - If > 20: 2 rounds → 1st = Qualifier, 2nd = Seeding round. - If ≤ 20: directly to Seeding round. - If ≤ 3: straight to Battles.
Ranking Round	Showcase battle	Always showcase format, no winners selected.
Hip hop 1vs1 All ages Open		
Hip Hop 1vs1 Qualifier	Open floor / Cyphers	DJ plays 30 min; dancers form cyphers; each dancer must ensure their own “cypher time.” Judges move around and pick who advances.
Hip Hop 1vs1 Ranking	Showcase battle	<p>On this round, each dancer has 30 seconds to dance. Judges place the best 8 dancers on spots 1. through 8. According to the rankings, dancers are placed in the battle chart and given their opponents.</p> <p>Battles are danced in 1 on 1 format. On special occasions, a three way battle might occur. After every battle the judges point to a winner. Judges are allowed one tie-breaker per battle. If a tie-breaker occurs, both dancers have 45 seconds each to prove they are the winner. In every round the winner advances and the loser drops from the competition, except the semifinal; In the semifinal the winner advances to the gold battle and the loser to the bronze battle.</p>
Hip Hop 1vs1 battles	Battle	<p>Runs / rounds:</p> <p>¼ final: 1 x 60sec / dancer Semifinal: 2 x 60sec / dancer Bronze: 2 x 60sec / dancer Gold: 3 x 60sec / dancer</p>

Production Cup

Performance Duration	4 to 8 minutes. In addition, up to 5 minutes may be used for setting up scenery/props, and up to 5 minutes for teardown.
Setup / Teardown Time	Maximum 5 minutes for setting up, maximum 5 minutes for dismantling.
Number of Performers	Minimum of 25 dancers. No maximum limit specified.
Space / Safety Responsibility	The producer/choreographer is responsible for ensuring that the number of dancers fits the stage safely and that the stage area is adequate.
Age Limits / Restrictions	There are no age limits—all ages compete in the same series. However, individual age-group special rules apply (e.g. lifting restrictions in children's age groups). Each dancer may participate only in one production in the same competition.
Definition / Style Freedom	Production is defined as a theatrical, varied dance performance under the domain of dance, allowing combinations of any dance styles. There are no style or genre restrictions.
Music	Any music is allowed, but lyrics or content that are offensive to audience, organizers or other performers are prohibited. Live music is allowed if the musicians are part of the performance. Rules on duration and lyrics also apply to live music.