



PERFORMING ARTS IMPROVISATION 2023 rules

TEST competitions possible

black = text from 2022, red = new 2023 text, green = clarified text by PA Board meeting in August 2023

The discipline will be presented in connection with the Ballet/Jazz/Modern & Contemporary/Show Dance Championships or other IDO events.

Categories

Solo

Age Divisions

Children, ~~Junior-2~~ **Junior**, Adult

Duration of each performance

1:00 minute (Each round, every dancer dances a one minute presentation three times)

Music/Tempo

Music of each round and heat is chosen randomly with an approved playlist from the PA Department. The music selection **will be different tempos and styles such as Lyrical Jazz, Modern Jazz, Funky Jazz, Pop music..... etc, in each presentation in every round.** **Music must be age appropriate for all ages.**

Characteristics and Movement:

PA improvisation gives solo dancers the opportunity to develop freely on previously unannounced music and to interpret **the music through dance. Interpretation should be** in the sense of a PA dance, reduced to their own physicality **without a fixed** choreography/routine. It should mainly be based on the specific Performing arts techniques and variations of Ballet, Jazz, Modern & Contemporary.

Acrobatic Movements:

Acrobatic movements are allowed, but only during the main presentation. They do not always improve the dancer's performance and can result in a lower evaluation if not performed technically correct. It should not dominate the performance. Gymnastic lines (gymnastic tricks) are not allowed. The PA improvisation should not look like an acrobatic dance routine. Acrobatics for Children follow the General rules in the PA.

Competition procedure

Dancers will compete according to the order of their start numbers which have to be presented clearly on the costume's front side. Different music should be played for each round and heat. Each round should be redesigned by the dancers and the music should be re-interpreted. Dancers shouldn't copy their presentation from round to round but improvise to the music which they listen to in the moment of their presentation.

The competition consists of preliminary rounds, semi-final and the final.

Each round starts with an opening presentation, followed by main presentation, ends with a closing presentation.

Preliminary round:

Opening and closing presentation:

The dancers can be divided into several heats with up to 12 dancers if necessary.

Main presentation:

The dancers can be divided into heats up to 4.

Semi-final:

Opening and closing presentation:

The dancers can be divided into two heats with up to 8 dancers if necessary.

Main presentation:

The dancers can be divided into heats up to 2.

Final:

Opening and closing presentation:

The dancers will all dance together.

Main presentation:

The dancers will dance alone, one by one.

Costumes/Props

Only ~~tight~~ **simple** black dancewear **appropriate for dancers body shape** is allowed in this discipline. **Detailed movement should be visible.** It is **recommend** that no skirts, frills, wide trousers/pants or baggy t-shirts are worn. No extras on the costume/ dancewear (glitter, stones, accessories etc.) are allowed. Skin-colored tights can be added as a supplement. Costumes/dancewear must be age appropriate, fit properly, and must always be in good taste. **All must follow the** Code of Ethics and the general costume rules **(listed in Book 2, under 3.13).**

Costume/dancewear and clothing articles may NOT be thrown away during or at the end of the performance.

Dancers are not allowed to change their costume/dancewear during a performance or during a competition, unless it is ordered because of an infraction of the Costume Rules.

To dance barefoot, in socks or jazz shoes is obligatory. Shoes that could damage the dance floor cannot be worn and are prohibited.

Props are **not allowed**.

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Evaluation

Preliminary and Semi final: Crossing system

Final: **Placement**

The decision and evaluation of an adjudicator is based on:

- dancer's ability to convert music into movements on the spot without using fixed choreography/routine (IMPROVISATION)
- using technical skills according to music
- an attracting/**capturing** presentation

Judging:

Adjudicators should be licensed in any of the PA disciplines: Ballet, Jazz, Modern & Contemporary, Show Dance.

(PA ADA 2023, Implementation date immediately)